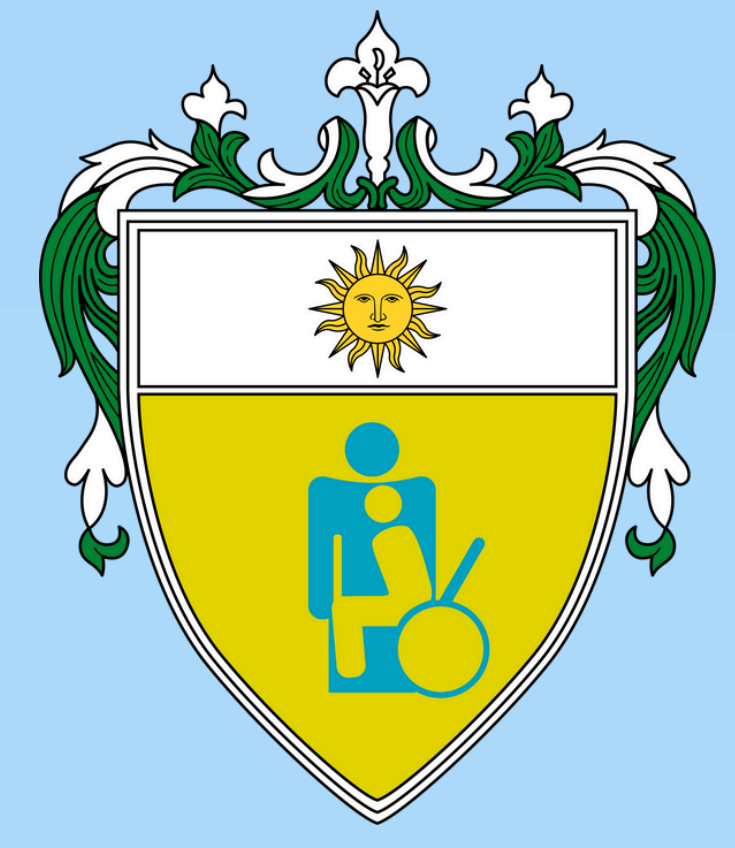




UNIVERSITY OF SANTO TOMAS  
COLLEGE OF REHABILITATION SCIENCES



# CONVERGENCE

PATHWAYS TOWARDS SELF-REGULATION

*This 3-day postgraduate conference dives into the critical link between **self-regulation and sensory processing, executive function, co-regulation, and feeding difficulties**. Learn evidence-based strategies through plenary lectures, focused parallel sessions, and an optional 1-day workshop provides in-depth exploration.*



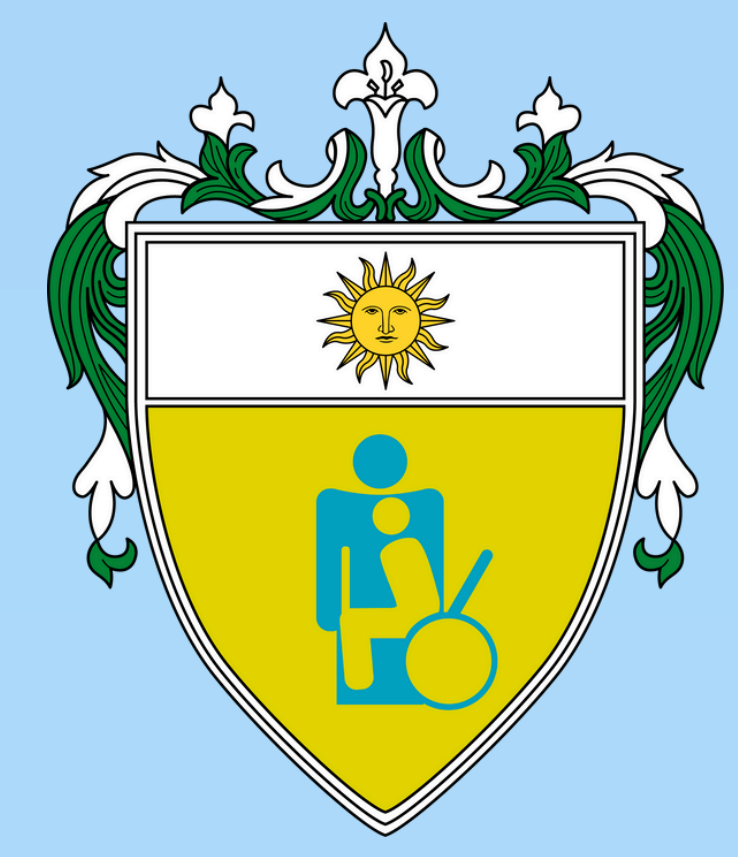
October 4 - 6, 2024  
Friday - Sunday



University of Santo Tomas  
Manila, Philippines



UNIVERSITY OF SANTO TOMAS  
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# CONVERGENCE

PATHWAYS TOWARDS SELF-REGULATION

## INTERNATIONAL CONFERENCE SPEAKERS



*SELF-REGULATION & EXECUTIVE FUNCTIONS*

**CYNTHIA Y.Y. LAI, PH.D.**

THE HONG KONG POLYTECHNIC UNIVERSITY  
HONG KONG SAR

*SELF-REGULATION & SENSORY PROCESSING*

**ERNA I. BLANCHE, PH.D.**

UNIVERSITY OF SOUTHERN CALIFORNIA  
UNITED STATES OF AMERICA



*SELF-REGULATION & FUSSY EATING BEHAVIORS*

**DESIREE L.R. WEN, MHSC**

MAGIC BEANS FEEDING & SPEECH THERAPY  
SINGAPORE



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PATHWAYS TOWARDS SELF-REGULATION

## INTERNATIONAL CONFERENCE SPEAKERS

### *SELF-REGULATION & FUSSY EATING BEHAVIORS*

## DESIREE L.R. WEN, MHSC

MAGIC BEANS FEEDING & SPEECH THERAPY  
SINGAPORE



A highly experienced Speech-Language Pathologist specializing in pediatric feeding and swallowing disorders. She is the Director and Principal Speech Language Therapist at Magic Beans Feeding & Speech Therapy in Singapore, where she has been providing expert care since 2017. With a Master of Health Science in Speech Pathology from the University of Sydney, Desiree has extensive experience working with children with complex communication and swallowing needs. Her commitment to advancing the field is recognized with several awards in the speech-language pathology profession, including the Best Team Merit Award at the Singapore Health Service Quality Awards.

# CONVERGENCE

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## INTERNATIONAL CONFERENCE SPEAKERS

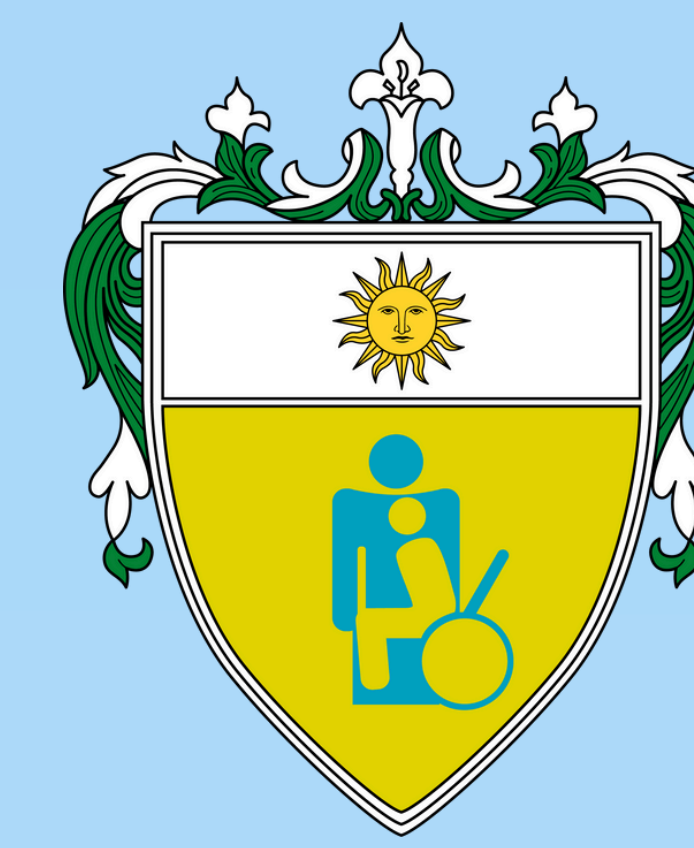


### *SELF-REGULATION & EXECUTIVE FUNCTIONS*

## **CYNTHIA Y.Y. LAI, PH.D.**

THE HONG KONG POLYTECHNIC UNIVERSITY  
HONG KONG SAR

A distinguished occupational therapist and Associate Professor at The Hong Kong Polytechnic University. With a Ph.D. in Rehabilitation Sciences, her expertise spans child development, executive functioning, and sensory processing interventions, particularly for developmental disabilities such as ADHD, ASD, and specific learning disabilities. Dr. Lai is an active contributor to the field, known for her innovative work in applying technology to rehabilitation among people with developmental disabilities across the lifespan. Her leadership roles include coordinating advanced occupational therapy and rehabilitation science programs, underscoring her commitment to education and research in rehabilitation sciences.



# CONVERGENCE

PATHWAYS TOWARDS SELF-REGULATION

## INTERNATIONAL CONFERENCE SPEAKERS

### *SELF-REGULATION & SENSORY PROCESSING*

## ERNA I. BLANCHE, PH.D.

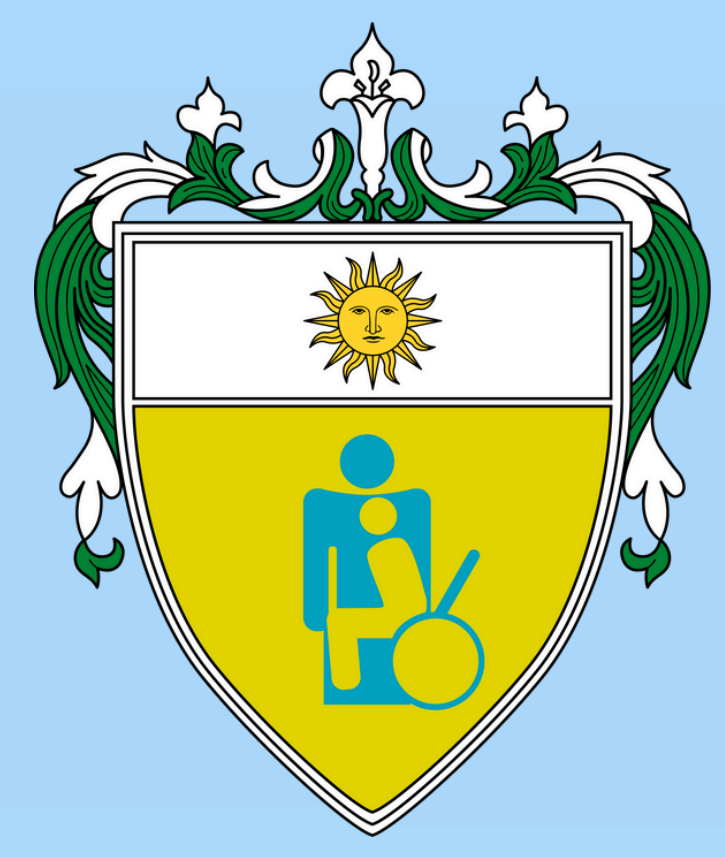
UNIVERSITY OF SOUTHERN CALIFORNIA  
UNITED STATES OF AMERICA



A renowned expert in pediatric occupational therapy, specializing in the evaluation and treatment of sensory processing issues, particularly in children with developmental disabilities. As a Clinical Professor at the University of Southern California, she has contributed significantly to the field through her research on the relationship between sensory processing and lifestyle choices. Dr. Blanche is a celebrated figure in occupational therapy, having received numerous awards, including the Virginia Scardina Award of Excellence and the Lifetime Achievement Award from the Occupational Therapy Association of California. Her work has made a profound impact on the practice of sensory integration worldwide.



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# CONVERGENCE

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SCHEDULE

**04  
OCT**

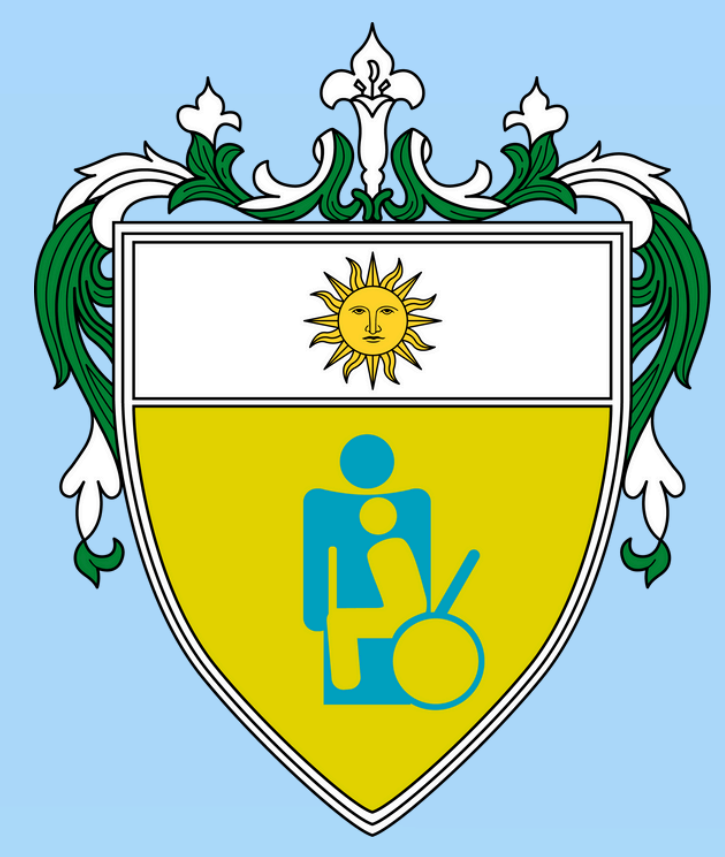
**Pre-  
Conference**

**05-06  
OCT**

**Conference  
&  
Workshop**

**06  
OCT**

**Conference  
&  
Workshop**



# CONVERGENCE

PATHWAYS TOWARDS SELF-REGULATION

SCHEDULE

OCTOBER 5 - 6, 2024

## DAY 1

## DAY 2

7:00AM-8:00AM REGISTRATION

7:00AM-8:00AM REGISTRATION

8:00AM-8:30AM OPENING CEREMONIES

8:00AM-8:30AM REVIEW OF DAY 1 & OVERVIEW OF 2

8:30AM-10:00AM SELF-REGULATION AND EXECUTIVE FUNCTIONS  
Cynthia Lai, PhD

8:30AM-10:00AM SELF-REGULATION IN FUSSY EATERS  
Desiree Lau

10:00AM-10:30AM MORNING BREAK

10:00AM-10:30AM MORNING BREAK

10:30AM-12:00NN SELF-REGULATION AND SENSORY PROCESSING  
Prof. Erna Blanche, PhD, OTR/L, FAOTA

10:30AM-12:00NN PARENTING AND CO-REGULATION  
Prof. Erna Blanche PhD, OTR/L, FAOTA

12:00NN-01:00PM LUNCH BREAK

12:00NN-01:00PM LUNCH BREAK

01:00PM-03:00PM PARALLEL SESSION 1

01:00PM-03:00PM PARALLEL SESSION 1

SELF-REGULATION AND EXECUTIVE FUNCTIONS

Cynthia Lai, PhD

SELF-REGULATION AND SENSORY PROCESSING

Prof. Erna Blanche PhD, OTR/L, FAOTA

MANAGING CHILDREN'S BEHAVIORS IN THE CLASSROOM

SELF-REGULATION IN FUSSY EATERS

Desiree Lau

CO-REGULATION STRATEGIES

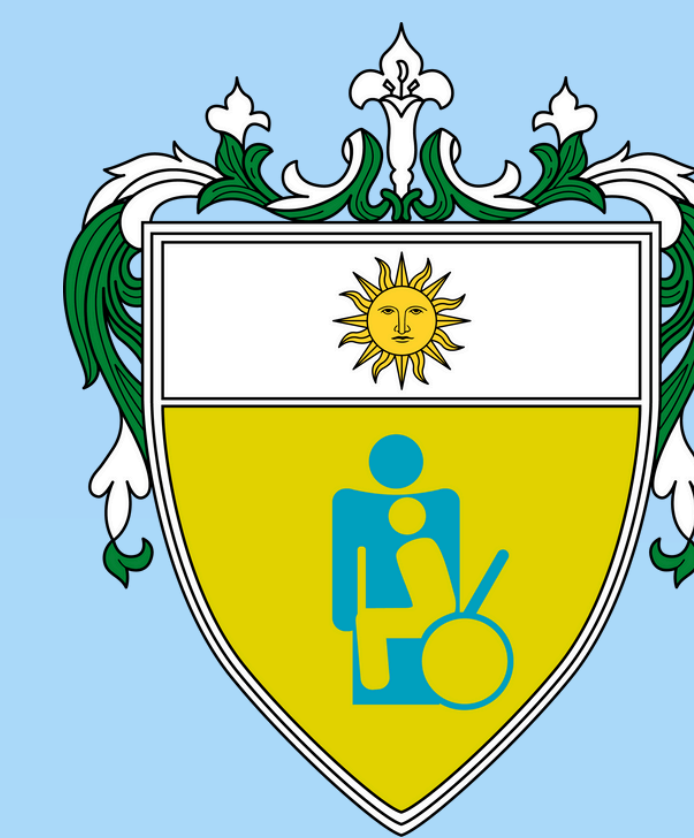
Prof. Erna Blanche PhD, OTR/L, FAOTA

MANAGING CHILDREN'S BEHAVIOR AT HOME

03:00PM-05:00PM PARALLEL SESSION 2

03:00PM-05:00PM PARALLEL SESSION 2

\*\* Same topics with parallel session 1



# CONVERGENCE

PATHWAYS TOWARDS SELF-REGULATION

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## PRE-CONFERENCE OCTOBER 4, 2024

REGISTRATION TYPE	EARLY BIRD ON OR BEFORE SEPTEMBER 14	REGULAR RATE
PROFESSIONALS/ ACADEMICS/PARENTS	P3,500 PER WORKSHOP	P4,000 PER WORKSHOP

## CONFERENCE OCTOBER 5-6, 2024

REGISTRATION TYPE	EARLY BIRD ON OR BEFORE SEPTEMBER 14	REGULAR RATE
PROFESSIONALS (ALUMNI)	P8,000	P9,500
PROFESSIONALS (NON-ALUMNI)	P8,500	P10,000
PARENTS/TEACHERS (DAY RATE)	P3,750	P4,000

*\*The pre-registration rate is applicable only upon full payment of the required fees by the deadline set.*

October 4 – 6, 2024

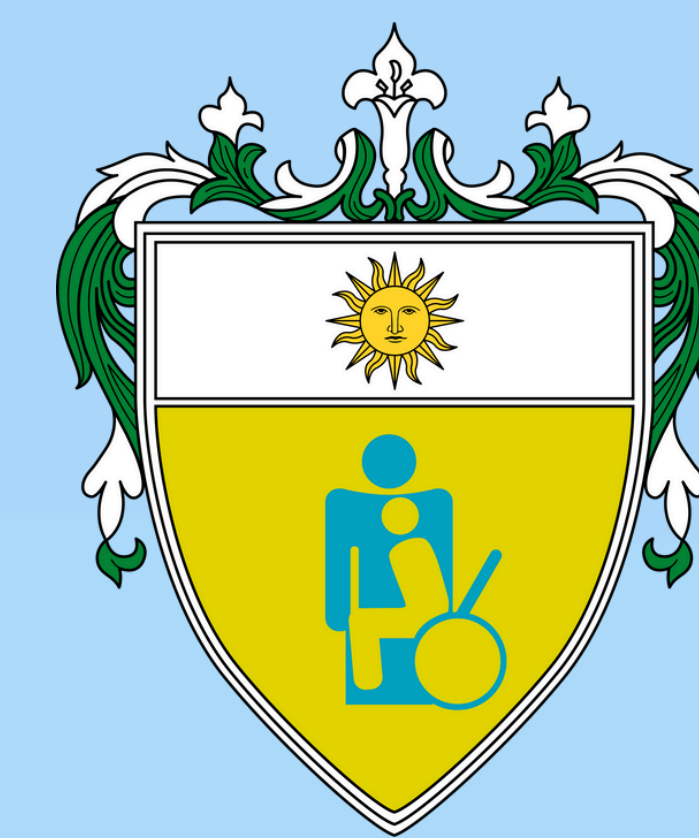
University of Santo Tomas, Manila

for inquiries, e-mail:



convergence.ustcrs.2024@gmail.com





# CONVERGENCE

PATHWAYS TOWARDS SELF-REGULATION

RATES

## SPECIAL RATES (ON OR BEFORE SEPTEMBER 14, 2024)

Register for  
**CONFERENCE**  
(P8,000)  
+  
**1 PRE-CONFERENCE  
WORKSHOP**  
(P3,500)  
and get P 1,500 discount

~~P11,500~~  
**P10,000**

Register for  
**CONFERENCE**  
(P8,000)  
+  
**2 PRE-CONFERENCE  
WORKSHOPS**  
(P7,500)  
and get P 2,500 discount

~~P15,500~~  
**P13,500**

*\*The pre-registration rate is applicable only upon full payment of the required fees by the deadline set.*

**October 4 – 6, 2024**  
**University of Santo Tomas, Manila**

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